**Ruby on Rails (RoR)** is a web application framework that follows the **Model-View-Controller (MVC)** pattern. It provides tools for creating database-backed web applications, handling rendering, managing databases, sending emails, and more. Here are **five free resources** to learn Ruby on Rails:

1. [**Ruby on Rails Official Website**](https://rubyonrails.org/): The official site offers comprehensive guides, API documentation, and a supportive community[1](https://rubyonrails.org/).
2. [**GitHub - rails/rails**](https://github.com/rails/rails): Explore the open-source codebase, libraries, and frameworks that make up Ruby on Rails[2](https://github.com/rails/rails).
3. [**Ruby on Rails API Documentation**](https://api.rubyonrails.org/): Dive into detailed documentation for various components, including Action Mailer, Active Job, and Action Cable[3](https://api.rubyonrails.org/).
4. [**Getting Started with Rails**](https://guides.rubyonrails.org/getting_started.html): This guide covers installation, creating a new Rails application, and connecting it to a database[4](https://guides.rubyonrails.org/getting_started.html).
5. [**Codecademy**: Codecademy offers interactive tutorials to help you learn Ruby on Rails step by step](https://rubyonrails.org/)[5](https://www.fullstackacademy.com/blog/learn-ruby-on-rails-for-free-with-these-6-websites).

Happy coding! 🚀